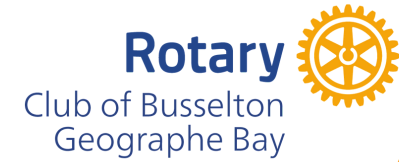




Busselton Mental Health Week 2025

Proudly supported by
RioTinto

Learn more &
register here



MENABLE
CONNECT | INFORM | EMPOWER



Saturday 4 October	Monday 6 October	Tuesday 7 October	Wednesday 8 October	Thursday 9 October	Friday 10 October	Saturday 11 October
Lift the Lid Walk & Rotary Breakfast 7.00am - 9.30am Busselton Foreshore	Jetty Man Walk 6.30am-8.00am Busselton Jetty			Headspace Open Day 2025 10.30am - 12pm Headspace Busselton 7 Harris Road Busselton	Lamp Interactive Mental Health Walk 7.30 to 10.30 Youth Precinct Busselton Foreshore.	Flower Jars + JellyFish Making 1.00pm - 5.00pm YCAB Busselton
	Walk and Talk for those bereaved. 3.00pm - 4.00pm Busselton Hospice Care Inc 5 Craig St, Busselton	Stress Balls 1.00pm - 5.00pm YCAB Busselton	Wind Chimes + Sun Catcher Making 1.00pm - 5.00pm YCAB Busselton	Community Wellness Expo 10.00am-2.00pm Busselton Foreshore Youth Precinct	Breath Meditation, and morning tea 10.30am-12.00n Busselton Hospice Care Inc, 5 Craig St, Busselton Movie Afternoon 1.00pm - 3.00pm YCAB Busselton	Roll with Pride (free with skates provided) 2.00pm to 4.00pm Naturalist Community Centre, 21 Dunsborough Lakes Dr
Menable and SW Counselling Crowd Karaoke Esplanade Hotel, 7.00pm-8.30pm	HER (Hope Empowerment and Resource) Workshop for Women The Esplanade 4.30pm				Board Games Night - 6pm, Tonic By The Bay, 11 Holgate Road, Busselton Busselton Pride Alliance	Busselton Community Safe Space Open every Friday 5-9pm 226 Bussell Hwy

