

MENTAL HEALTH
WEEK 2026



FINDING WELL-BEING IN GRIEF

Taking control through self-compassion.
Our grief support group offers you the
space to express your feelings and find
the comfort you need.

Please register your attendance
one week before the event by
contacting 9751 1642



CONNECT WITH US

Tuesday 6th October, 10:00 -
11:30am

Compassionate Care Geographe, 5
Craig Street, West Busselton, 6280