

# MENTAL HEALTH WEEK

## 2023 COMMUNITY EVENT

**SATURDAY OCTOBER 14TH:**

### COLOUR RUN

**3:30PM - 5PM**

**SIGN IN FROM 3PM**

### COMMUNITY EVENT

**5PM - 7:30PM**

## At Stow Gardens, Geraldton Foreshore

**Come down to celebrate Mental Health Week 2023 with a colour run, followed by live music, food trucks, games, a silent auction, and lots of fun!**

**RUNNERS OF ALL AGES AND ABILITIES WELCOME!**

**1km, 3km and 6km distance options available**

**FREE  
EVENT**

**BYO  
PICNIC  
BLANKET**

**PRE-REGISTER HERE:**



[GeraldtonMHWColour  
Run.eventbrite.com.au](https://GeraldtonMHWColourRun.eventbrite.com.au)

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