

MENTAL HEALTH EXPO

THURSDAY, 12TH OF OCTOBER 2023

12-2PM

Join us to celebrate Mental Health Week.
Mind. Body. Environment.

FREE

12-12:45pm - Hot Hula

1-2pm - Create your own vision board

Light lunch will be provided.
Creche available, bookings essential.

THIS EVENT WAS PROUDLY
SUPPORTED BY



Brockman Community House
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