

R U OK?™ in the Workplace



Learn about building an R U OK? Culture in your Workplace

Date: Thursday 6 October 2022
Time: 8.30 am – 10.30 am (AWST)
Where: Novotel Perth Langley
221 Adelaide Terrace
Perth WA 6000
Tickets: \$50pp
Register: [Click here](#)

R U OK? Workplace Champions lead the way in encouraging and enabling peer-to-peer support, promoting regular, meaningful conversations and normalising R U OK? conversations in their workplace.

By encouraging your colleagues to genuinely listen to each other and talk about life's ups and downs, you will be building a workplace where everyone feels safe, encouraged and supported.

Join us for the R U OK? in the Workplace breakfast for insights on how to:

- Present practical ways to implement R U OK? in the workplace, any day of the year
- Schedule a calendar of events for the year ahead
- Recruit R U OK? Champions in your workplace
- Discuss the barriers, roadblocks and challenges in your workplace.