



Government of Western Australia
North Metropolitan Health Service
Mental Health Services

OFFICIAL

*Thank you to Peel Men of the Trees for
their generous donation of tubestock plants in
support of this event.*

Subiaco Community Mental Health Service

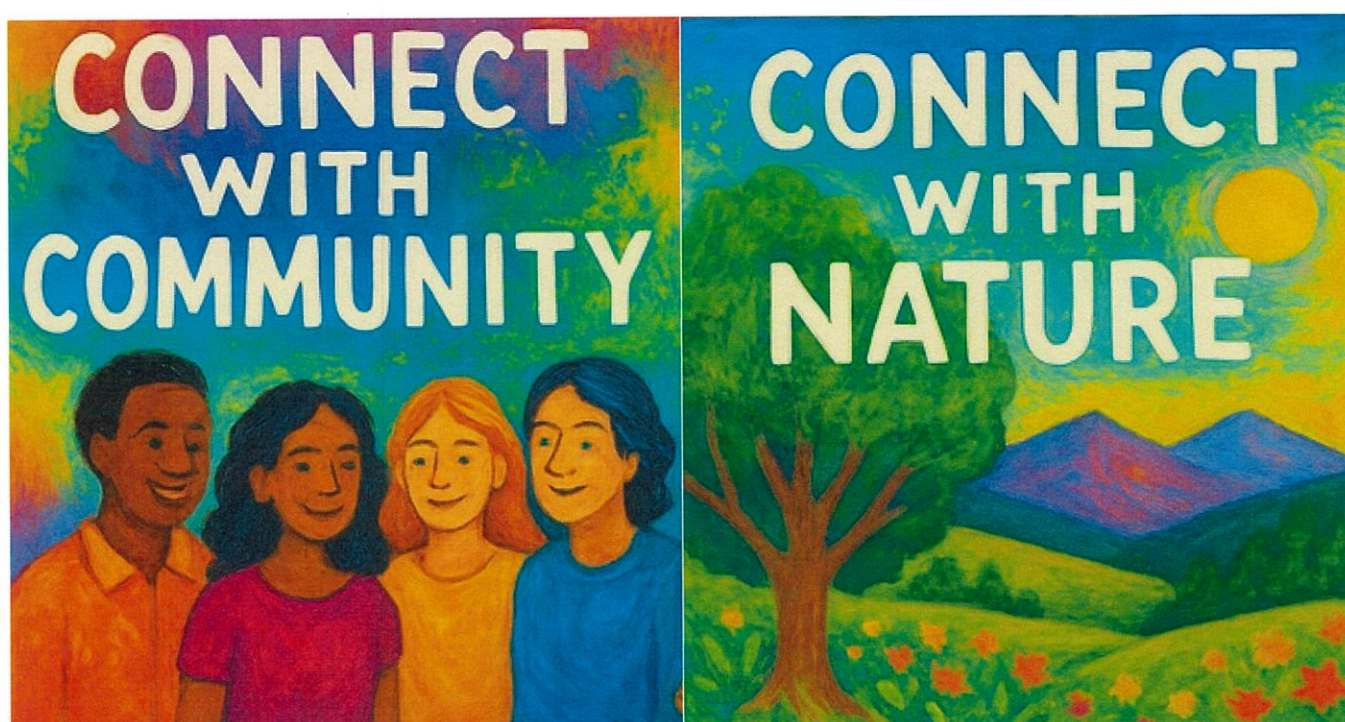


Celebrates Mental Health Week

Thursday 8 October 2026

10:00am to 2:00pm

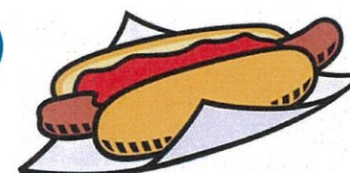
Location: 303 Rokeby Road, Subiaco



Please join us as we celebrate Mental Health Week with a free community event focused on wellbeing, connection and support. Come along to learn more about mental health services and meet our local professionals.

What's on:

- Complimentary SAUSAGE SIZZLE (11:30am to 1:00pm)
- FREE wellness gifts
- FREE gift bags filled with goodies for everyone
- Mental health information and resources



This is a wonderful opportunity to connect with others. Discover available supports and services and take some time to focus on your own wellbeing.

We look forward to welcoming you.

