

# Mental Health Day Event 2025

**When:** Friday 10<sup>th</sup> October, 10am to 2pm

**Where:** Neil Hawkins Park, Joondalup

*Interactive  
stall*

**Free  
sausage  
sizzle**

*Mental  
health  
resources*

*Wear  
something  
green*

*Free raffle  
and  
giveaways*

*Wellbeing  
information*

*Mental  
health  
awareness*



**WA  
MENTAL  
HEALTH  
WEEK**  
2025

OCTOBER 4TH-11TH