

Friends care

Youth Walk & Talk for Mental Health

Friday 11th October

Busselton Jetty

@Foreshore



This Mental Health Week we're celebrating youth. So come down to the Busselton Foreshore Jetty, Friday 11th October, and hang out with your friends and us.

From 12 to 2pm, there's a group walk & talk, craft-making activities like making friendship bracelets and emotion badges, and a free sausage sizzle.

Mental Health Week 2024 is all about encouraging each of us

to support and look out for one another, promote mental health literacy & reduce the stigma that can be associated with seeking help. So come along and let's show each other friends care.

Everyone is welcome.

See you there!

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Every
Story
Matters