

Mental Health starts with our **CHILDREN**

**WA
MENTAL
HEALTH
WEEK**

LIVE.LEARN.WORK.PLAY

9-16 October 2021

mentalhealthweek.org.au

f @MentalHealthWeekWA #mhw2021



Government of Western Australia
Mental Health Commission



WAAMH
Western Australian Association
for Mental Health



MENTAL HEALTH WEEK

To:

I wanted to reach out because

I'm here for you.

Do you:

Want to chat?

Need a little help right now?

Just want to grab a coffee?

Message: _____

From:

**PLACE
STAMP
HERE**
